

## ACTIVITY DECK FOR CASE WORKERS

### Household Case Management for OVC/HIV



Case worker, you can use these cards to help you in your work with households.

*In this deck there are 29 cards, including this one.*



Domains (4 cards)



Benchmarks (15 cards)



Planning (9 cards)

#### CARD 1

July 2019

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## Healthy Family



## DOMAIN 1: HEALTHY

A healthy family works to stop the transfer of HIV. This means making sure every family member is tested.

A healthy family takes care of people living with HIV in the household. This means making sure that each HIV+ person takes ART regularly and has a suppressed viral load.

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## Stable Family



## DOMAIN 2: STABLE

A stable family has the assets they need to pay for school fees for all children in the household.

A stable family has the assets they need to pay for all medical expenses for children under 18 in the household.

A stable family can pay for school and medical expenses without the support of PEPFAR cash transfers, grants or scholarships.

A stable family can pay for school and medical expenses without having to sell any of the assets that help them make money.

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## Safe Family



## DOMAIN 3: SAFE

A safe family protects each other and helps their community.

A safe family is free from physical and sexual violence for all adults and children in the household.



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## Educated Family



## DOMAIN 4: SCHOOLED

An educated family sends all of the children ages 6-17 to school.

Educated children attend school regularly and make progress in school.


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## Benchmark 1.1



HIV status children and adolescents.

- 1.1 HIV status of each child and adolescent is known.



***STOP! If HIV status has not been disclosed in the family, then do not ask this question.***

*This benchmark applies to every child and adolescent in the household.*

**Do you know the HIV status of each child and adolescent in your care?**



- CC 4 "HIV Testing"
- CC 8 "Disclosure"



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## Benchmark 1.2



HIV status of caregivers.

1.2 HIV status of each caregiver is known.



***STOP! If HIV status has not been disclosed in the family, then do not ask this question.***

*This benchmark applies to every adult in the household.*

**Do you know the HIV status of every adult in your house?**



- CC 4 "HIV Testing"
- CC 8 "Disclosure"



CARD 7

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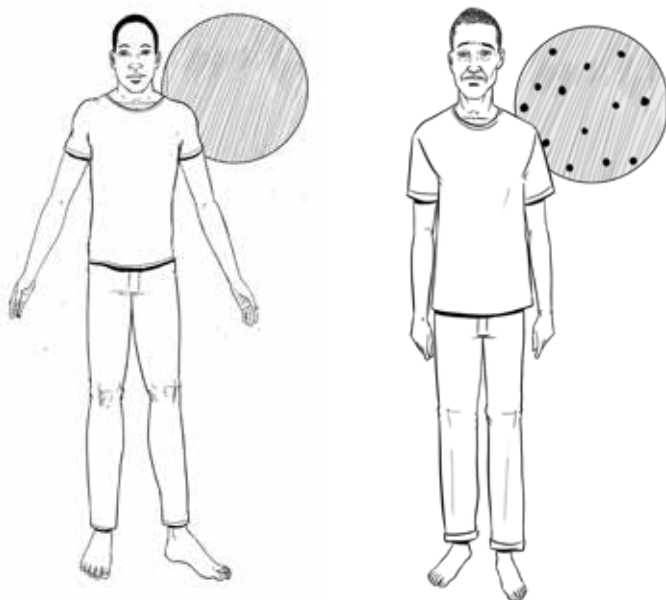
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## Benchmark 2.1



2.1 Each person living with HIV is virally suppressed.



***STOP! If HIV status has not been disclosed in the family, then do not ask this question.***

*This benchmark applies to every HIV+ person.*

**Has the viral load of each person who is HIV+ been tested?**

**AND**

**Do you know the viral load test results?**

**AND**

**Have the results been below 1000 for at least one year?**



• CC 6 "Viral Load"



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Viral-load suppression.

## Benchmark 2.2



Adherence.

2.2 Each person living with HIV is adhering to treatment.



***STOP! If HIV status has not been disclosed in the family, then do not ask this question.***

*This benchmark applies to every HIV+ person.*

**Has each person taken ART for the past year?**

**AND**

**Have they taken them as prescribed?**



- CC 5 "Antiretroviral Therapy ART"



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## Benchmark 3.1



- 3.1 Every adolescent in the household knows how HIV is transmitted.

*This benchmark applies to all adolescents in the household.*

**What are at least 2 ways a person can become infected with HIV?**

*If there is more than 1 adolescent in this household, ask them each to give unique answers.*



- CC 10 "Adolescent HIV Prevention"

Adolescent HIV knowledge.



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## Benchmark 3.2



Adolescent HIV prevention knowledge.

3.2 Every adolescent in the household knows how to prevent HIV.

*This benchmark applies to all adolescents in the household.*

**What is at least 1 way to protect yourself from becoming infected with HIV?**

*If there is more than 1 adolescent in this household, ask them each to give unique answers.*



- CC 10 "Adolescent HIV Prevention"



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## Benchmark 4



Children are not malnourished.

- 4 Every young child in the household is free from malnourishment.

*This benchmark applies to children ages 6 months through 5 years.*



Does each of your children have a MUAC of greater than 12.5cm?

AND



Is each of your children free from signs of bipedal edema?



• CC 13 "Nutrition"



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## Benchmark 5.1



Can pay school fees.

- 5.1 Able to pay for all school fees for children 6-17.

*This benchmark applies to all households with children ages 6-17.*

**Were you able to pay for school fees for ALL children under your care ages 6-17 for the entire last year?**

**AND**

**Were you able to pay for the fees without selling something used to make income, that you didn't plan to sell?**



• CC 15 "Stability through Finances"



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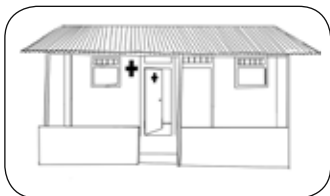
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## Benchmark 5.2



5.2 Able to pay for all medical expenses for children under age 18.

*This benchmark applies to all households.*

**Are you able to pay for medical expenses for ALL of your children under your care, under age 18?**

**AND**

**Were you able to do this for the past 6 months?**

**AND**

**Were you able to pay for the medical expenses without selling something used to make income, that you didn't plan to sell?**



• CC 15 "Stability through Finances"



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Can pay medical expenses.

## Benchmark 7

- 7 The household is in the care of a stable adult.

*This benchmark applies to all households.*

**Is there a stable adult caregiver in your family?**

**AND**

**Have all children lived under their care for the past year?**



Child-headed household.



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## Benchmark 8.1



School enrollment.

8.1 All children ages 6-17 are enrolled in school.

*This benchmark applies to all children ages 6-17.*

**Are all of the children in your care ages 6-17 enrolled in school?**



• CC 18 "School"



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## Benchmark 8.2



8.2 All children ages 6-17 are attending school.

This benchmark applies to all children ages 6-17.

For the past year, have all of the children in your care ages 6-17 attended school regularly? Regularly means at least 4 days a week on average.



• CC 18 "School"

School attendance.



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### Benchmark 8.3



Progressing in school.

8.3 All children ages 6-17 are making progress in school.

*This benchmark applies to all children age 6-17.*

**Did all of the children in your care ages 6-17 progress to the next level or grade, from last school year to this school year?**



• CC 18 "School"



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## Benchmark 6.1



Physical violence.

- 6.1 All household members are free from violence.



***STOP! If there has been known violence in the past 6 months do not ask.***



***IMPORTANT! Ask in private.***

*This benchmark applies to all adults adolescents, and children.*

**In the past 6 months have you and all of the children in your care been physically safe?**



**That means, in the past 6 months you have not been punched, kicked, choked, beaten by a spouse or partner, or by any other adult.**



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## Benchmark 6.2

6.2 All household members are free from sexual abuse.



**STOP! If there has been known sexual abuse in the past 6 months do not ask.**



**IMPORTANT! Ask in private.**

*This benchmark applies to all children and adolescents. Ask the caregiver about ALL of the children in the household.*

**In the past 6 months have you and all of the children in your care been sexually safe?**

**That means, in the past 6 months no adult, adolescent, or child has been touched in a sexual way or forced to have sex against his or her will.**



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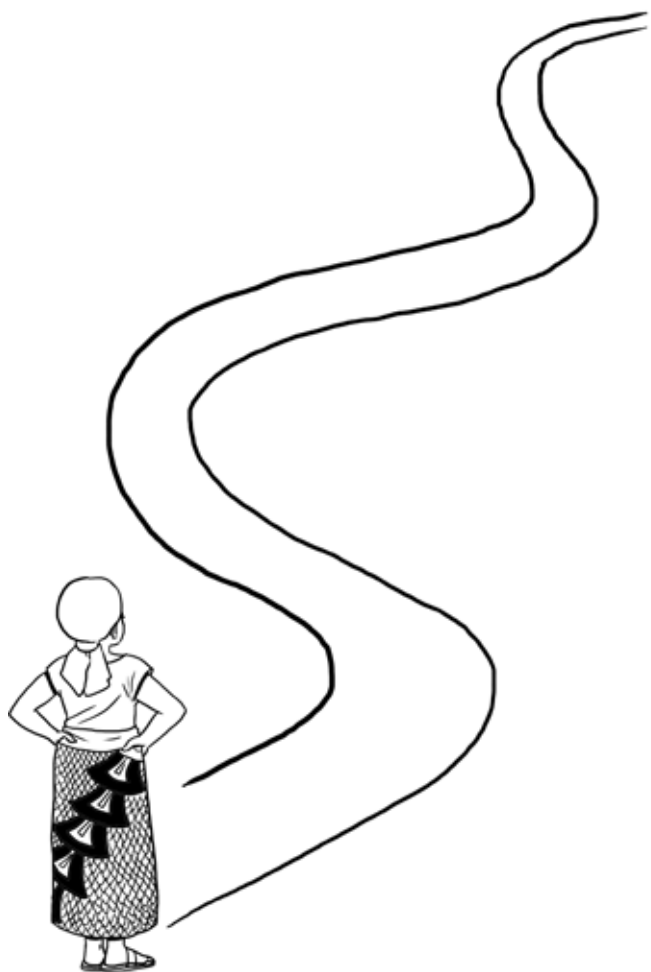


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Sexual abuse.

## PLANNING STORY



This is a good activity to do with families. It will help them have confidence before they do the household-action plan. All members of the family should participate.

1. *Give the family all the cards in the story, mixed up.*
2. *Say, “**Look at these cards.**”*
3. *Ask, “**What is happening on each card?**”*
4. *Ask the family to put the cards in order to make a story. Pause to give them time.*
5. *Have the family tell the story when they are ready.*
6. *Take 1 card out of the card order.*
7. *Ask, “**What happens if 1 part of the story is gone?**”*
8. *Ask, “**How much time passed for the family in the story?**”*

*Encourage the family that goals are met step by step.*

*Encourage the family that goals take time to be accomplished.*

**Celebrate how well the family did!**



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## PLANNING STORY

Harvesting/Clearing (1)



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## PLANNING STORY

Preparing/planting (2)



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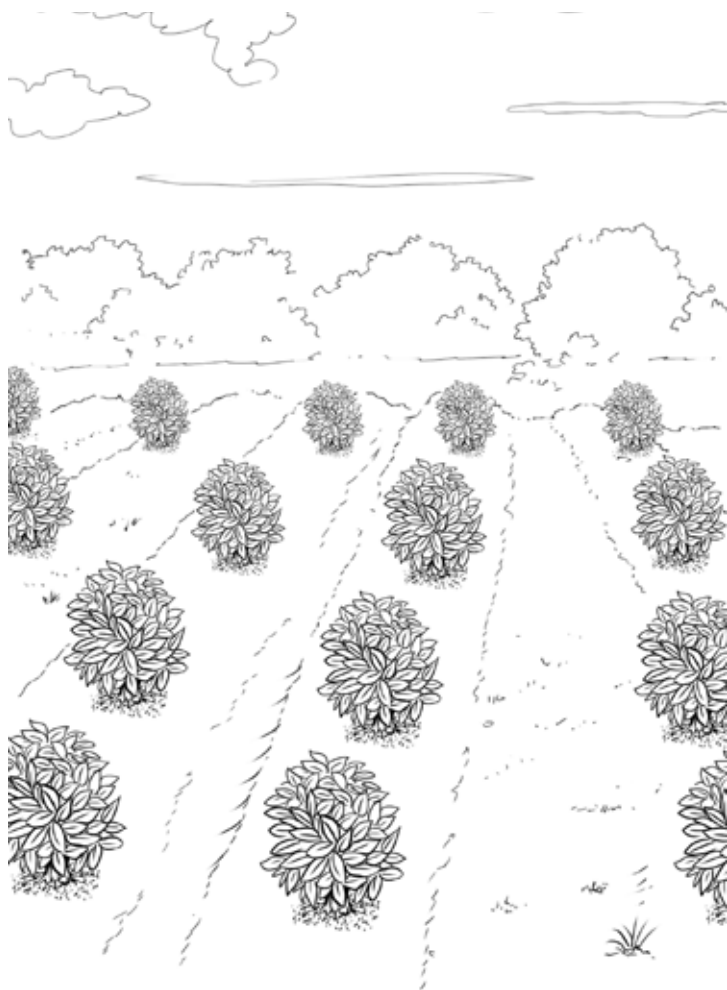


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## PLANNING STORY

Waiting/crop is growing (3)



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## PLANNING STORY

Post-harvest processing (4)



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## PLANNING STORY

Selling the harvest (5)



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## PLANNING STORY

Saving (6)



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## PLANNING STORY

Paying school fees (7)



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## PLANNING STORY

Children attend school (8)



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